

OFFICE OF THE PRINCIPAL
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KATHUA-184101
(NAAC Accredited B+ Grade)



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REPORT

**MY Bharat Kathua Organises "Nasha Mukh Yuva for Viksit Bharat" District-Level Competitions
in Collaboration with GDC Women Kathua**

Kathua, 1 August 2026: Mera Yuva Bharat (MY Bharat), Kathua, under the Ministry of Youth Affairs & Sports, Government of India, successfully organised the "Nasha Mukh Yuva for Viksit Bharat" District-Level Competitions in collaboration with Government Degree College (Women), Kathua. The event was conducted with the objective of creating awareness against drug abuse while encouraging youth to showcase their creativity, talent, and commitment towards building a healthy, progressive, and drug-free India.

The programme witnessed enthusiastic participation from students representing various educational institutions across the district. A total of around 200 participants competed in different events, while nearly 290 students, faculty members, and guests attended the programme as the audience.

The program comprises of 8 event and the winners of the events are:

- Dance Competition: Team B, GDC Women Kathua
- Music Competition: Team B, GDC Women Kathua
- Nukkad Natak: Team B, GDC Women Kathua
- Painting Competition: Ms. Tamanna, GDC Women Kathua
- Debate/Elocution Competition: Ms. Hetal Malhotra GDC boys Kathua
- Short Film/Reel Competition: Ms. Shivani Sharma
- Slam Poetry Competition: Mr. Abhishek, GDC Boys Kathua
- Slogan Writing Competition: Ms. Kashish Bharti

And the winners will represent the district Kathua at state level event.

The programme was graced by Dr. Jaipal Singh, Principal, GDC Women Kathua, as the Chief Guest. In his inspiring address, Dr. Jaipal Singh highlighted the importance of the Nasha Mukh Yuva for Viksit Bharat campaign and urged students and young people to stay away from every form of addiction, not only substance abuse but also negative influences such as ego and unhealthy habits. He remarked that if one wishes to be addicted to anything, it should be sports, books, knowledge, patriotism, discipline, and the pursuit of excellence, as these lead to personal growth and nation-building. He appreciated MY Bharat Kathua for organizing such a meaningful youth-centric programme and for providing a platform to engage young minds in promoting social awareness through creative expression.

The programme concluded with the distribution of certificates and appreciation to the winners and participants. MY Bharat Kathua expressed its gratitude to the principal, faculty members, organising committee, volunteers, judges, and all participants for their valuable support in making the event a grand success. The organisation reaffirmed its commitment to continuing such initiatives to empower youth and promote the vision of a Drug-Free India and Viksit Bharat.

