

OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE FOR WOMEN

KATHUA-184101

(NAAC Accredited B+ Grade)

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Report

Government Degree College for Women (GDCW), Kathua, organized an insightful and awareness-oriented lecture on the topic “Drug Abuse: Its Psychological Impacts and Recent Changes in the NDPS Act, 1985.” The programme was conducted under the aegis of the Drugs De-addiction Cell and Psychological Counseling Cell with the objective of sensitizing students about the alarming rise of substance abuse and its far-reaching psychological, social, and legal consequences.

The session aimed to create a deeper understanding among students regarding the harmful effects of drug abuse and to familiarize them with the legal framework governing narcotic substances in India. The initiative reflects the institution’s continuous commitment towards fostering a healthy, informed, and responsible student community.

The lecture was delivered by Inspector Sh. Satish Kumar from the SPS Police Training School, Kathua, who served as the resource person for the event. In his comprehensive address, he elaborated on various aspects of drug abuse, explaining how substance dependency adversely affects mental health, behavior, decision-making ability, and overall well-being. He highlighted that drug addiction is not merely a personal issue but a societal concern that impacts families and communities at large.

Inspector Kumar also provided valuable insights into the provisions of the NDPS Act, 1985, and discussed the recent changes and stricter enforcement measures. He emphasized the severe legal consequences associated with possession, consumption, and trafficking of drugs, cautioning students about the long-term implications such offenses can have on their careers and lives.

Principal of the college, Prof. Dr. Jaipal Singh, addressed the gathering and appreciated the efforts of the organizing committee. He encouraged students to remain vigilant, make informed choices, and actively contribute towards building a drug-free society.

Dr. Ashwani Khajuria, Senior Professor, shared his expert perspective on the issue, explaining the role of hormonal and psychological factors in making adolescents more susceptible to drug addiction. His insights helped students understand the scientific reasons behind such tendencies and the importance of emotional balance and awareness.

The proceedings of the programme were efficiently conducted by Dr. Syed Naser, who ensured smooth coordination of the event.

The event was organized under the guidance of the committee members, including Dr. Renu (Convenor), Dr. Syed Naser (Co-Convenor), Prof. Rajneesh Sharma, Dr. Ajay Sanotra, and Prof.

Neeraj Chagathia, all of whom were present on the occasion and contributed to the success of the programme.

The session witnessed enthusiastic participation from students, who actively engaged in discussions and raised thoughtful queries. Faculty members and students expressed their appreciation for the informative and impactful session, acknowledging its relevance in today's context.

The programme concluded with a strong message emphasizing collective responsibility in combating drug abuse and promoting awareness, resilience, and healthy lifestyles among youth.

Sd/-

Principal





GDCW Kathua organizes awareness lecture on drug abuse and NDPS Act

■ JL NEWS SERVICE

KATHUA, Apr 21: Government Degree College for Women (GDCW), Kathua organized an insightful and awareness-oriented lecture on the topic "Drug Abuse: Its Psychological Impacts and Recent Changes in the NDPS Act, 1985."

The programme was conducted under the aegis of the Drugs De-addiction Cell and Psychological Counseling Cell with the aim of sensitizing students about the growing menace of substance abuse and its psychological, social, and legal consequences.

The session featured Inspector Satish Kumar from the SPS Police Training School, Kathua as the resource person. In his detailed address, he explained the adverse effects of drug addiction on mental health, behavior, decision-making, and overall well-being. He



emphasized that drug abuse is not just an individual issue but a serious societal concern affecting families and communities.

Inspector Kumar also elaborated on the provisions of the NDPS Act, 1985, highlighting recent amendments and stricter enforcement measures.

He cautioned students about the severe

legal consequences associated with possession, consumption,

and trafficking of narcotics, and how such actions can negatively impact their future and careers.

Principal of the college, Prof. Dr. Jaipal Singh, appreciated the initiative and encouraged students to remain vigilant, make informed deci-

sions, and actively contribute towards building a drug-free society.

Senior Professor Dr. Ashwani Khajuria shared his expert insights on the psychological and hormonal factors that make adolescents more vulnerable to substance abuse. He stressed the importance of emotional awareness and maintaining a balanced lifestyle.