

NSS Unit of GDCW Kathua Commences Seven-Day Special Winter Camp

The NSS Unit of Government Degree College for Women (GDCW) Kathua inaugurated its Seven-Day NSS Special Winter Camp with an opening ceremony marked by enthusiasm and commitment to community service.

During the inaugural function, Miss Tania Rajput presented the detailed plan of activities for the upcoming seven days. Prof. Rachna, former NSS Program Officer, interacted with the volunteers, sharing her experiences and motivating them to actively participate in the camp's initiatives.

Prof. Seema Jolly, Incharge Principal of GDCW Kathua, lauded the NSS unit for its dedicated efforts both within the college and in the adopted village. She emphasized the importance of community engagement and encouraged students to contribute meaningfully to society.

Following the inaugural session, a cleanliness drive was conducted within the college campus, where faculty members, NSS volunteers, and students participated wholeheartedly. The drive aimed to promote cleanliness and environmental responsibility among students. Whole activity was held under the supervision of Dr. Ritu Kumar Sharma, NSS Program Officer of the college.

Several esteemed faculty members, including Prof. Inderjeet Kour, Prof. Surekha, Prof. Sachinjeet, Prof. Sonika Jasrotia, Prof. Gopal, and Prof. Ram Murti, graced the occasion with their presence and support.

The NSS Special Winter Camp promises a week full of impactful activities focused on community welfare, leadership development, and social responsibility.



→NSS Volunteers Develop Aloe Vera Garden and Conduct Cleanliness Drive in Adopted Village

On the second day of the NSS Seven-Day Special Camp, the volunteers of the NSS unit at Government Degree College for Women (GDCW), Kathua, in collaboration with the NDLI Club, undertook a significant plantation drive to develop an independent Aloe Vera garden on the college campus. A total of 300 Aloe Vera plants were planted with the assistance of local fund employees of the college, marking a significant step towards environmental sustainability.

Following the successful plantation drive, the NSS volunteers visited the adopted village, Changran, where they actively participated in a cleanliness drive. The volunteers cleaned the waterbody near Bua Di Baayin and collected garbage near Shani Mandir and Bua Di Baayin. Additionally, they engaged with the local community, raising awareness about the importance of cleanliness and hygiene as part of the Swachhata initiative.

The entire event was conducted under the patronage of Prof. Seema Jolly, In-charge Principal of the college, and under the supervision of Dr. Ritu Kumar Sharma, NSS Program Officer. Their guidance and encouragement played a crucial role in the successful execution of these activities.

This initiative reflects the commitment of NSS volunteers towards environmental conservation and community service, aligning with the broader goals of Swachh Bharat Abhiyan and sustainable development. The college administration applauds the efforts of the volunteers and looks forward to more such impactful activities in the coming days of the NSS camp.



→Volunteers Develop 'NSS Corner' on Day Three of NSS Winter Camp

The third day of the NSS Winter Camp at Government Degree College for Women Kathua witnessed an enthusiastic effort by volunteers in developing a dedicated "NSS Corner" within the college premises. The activity was conducted under the patronage of Prof. Seema Jolly, Incharge Principal, and the guidance of Dr. Ritu Kumar Sharma, NSS Program Officer.

The volunteers devoted their time and efforts to the beautification of the NSS Corner. After an extensive cleanliness drive, they decorated the space, making it a visually appealing and

meaningful spot in the college. A special platform was also constructed in the corner, where "GDCW Kathua" was artistically inscribed using stones, symbolizing the volunteers' dedication and creativity.

To enhance the aesthetics and environmental value of the area, flower plants were planted by the volunteers, adding a touch of nature and sustainability to the initiative. The NSS Corner now stands as a testament to the volunteers' commitment to cleanliness, beautification, and community service.

The entire activity was carried out with enthusiasm and team spirit, reflecting the core values of National Service Scheme (NSS)—selfless service and social responsibility.



→NSS Volunteers Visit Old Age Home and Conduct Cleanliness Drive in Baablis of Kathua

On the fourth day of the NSS 7-Day Special Winter Camp, volunteers from GDCW Kathua visited the Old Age Home in Kathua, where they spent quality time interacting with the residents. The volunteers engaged in meaningful conversations, offering companionship and emotional support to the elderly.

Following their visit, the NSS volunteers launched a cleanliness drive in the Baablis area of Kathua. As part of the initiative, they cleaned a local water body and its surroundings, promoting environmental awareness and hygiene.

The entire activity was conducted under the patronage of Dr. Seema Jolly, Incharge Principal, and under the supervision of Dr. Ritu Kumar Sharma, NSS Program Officer. Other members of the NSS committee, Mr. Sanjeev Jamwal and Prof. Sonika Jasrotia, were also present on the occasion, extending their support to the noble cause.

This initiative reflects the commitment of NSS volunteers toward social responsibility, community service, and environmental conservation.



→ **Cleanliness Drive and Medical Health Checkup Camp Organized on Fifth day of NSS winter camp.**

The fifth day of the NSS 7-day special winter camp commenced with a cleanliness drive outside the college campus. NSS volunteers actively participated in the initiative, reinforcing the importance of hygiene and environmental responsibility.

Following the cleanliness drive, a Medical Health Checkup Camp was organized with the support of BMO Parole. A dedicated medical team from Parole, including Dr. Poonam, Junior Pharmacist Sushil Sharma, and MTS Abhijeet Singh, conducted health checkups for faculty members, students, and volunteers. The camp aimed to promote health awareness and ensure early detection of medical concerns after the checkup they distribute the medicine to the students.

The entire event was conducted under the patronage of Dr. Seema Jolly, Incharge Principal, and the supervision of Dr. Ritu Kumar Sharma, NSS Program Officer. Their guidance and support contributed to the successful execution of the day's activities.

The NSS team remains committed to fostering social responsibility, health awareness, and community service through such initiatives.

एनएसएस स्वयंसेवकों द्वारा सड़क सुरक्षा रैली और आत्मरक्षा प्रशिक्षण आयोजित



सड़क सुरक्षा जागरूकता रैली एवं आत्मरक्षा प्रशिक्षण सत्र में भाग लेते एनएसएस स्वयंसेवक। अर्जुन शर्मा



सवेरा न्यूज/कुलदीप शर्मा, कटुआ, 27 फरवरी : सात दिवसीय विशेष शीतकालीन शिबिर के छठे दिन गवर्नमेंट डिग्री कॉलेज फॉर विमेन (जोडीसीडब्ल्यू), कटुआ के एनएसएस स्वयंसेवकों ने सड़क सुरक्षा जागरूकता रैली में सिक्र य रूप से भाग लिया। रैली कॉलेज परिसर से शुरू हुई और स्टेडियम, पुलिस लाइन रोड से होते हुए वापस कॉलेज में समाप्त हुई। रैली का उद्देश्य सड़क सुरक्षा और जिम्मेदार आवागमन के महत्व के बारे में जागरूकता फैलाना था। रैली के बाद एनएसएस इकाई द्वारा खेल विभाग के सहयोग से एक आत्मरक्षा प्रशिक्षण सत्र का आयोजन किया गया। पीटीआई संजीव जम्वाल ने सत्र का नेतृत्व किया और स्वयंसेवकों को उनकी व्यक्तिगत सुरक्षा और आत्मविश्वास बढ़ाने के लिए आवश्यक आत्मरक्षा तकनीकों से लैस किया। अपने सामुदायिक सेवा प्रयासों को जारी रखते हुए स्वयंसेवकों ने पर्यावरण स्थिरता में योगदान देते हुए कॉलेज परिसर में फूलों के पौधे भी लगाए। पूरा कार्यक्रम कॉलेज की प्रभारी प्राचार्य डॉ. सीमा जॉली के संरक्षण में और एनएसएस कार्यक्रम अधिकारी डॉ. रितु कुमार शर्मा की देखरेख में आयोजित किया गया। इस अवसर पर संकाय सदस्य डॉ. सोनिका जसरोटिया, प्रो. सुरिभ गुप्ता और मिस शिखा भी उपस्थित थीं।



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→NSS Volunteers Conduct Road Safety Rally and Self-Defense Training on Sixth Day of Special Winter Camp

On the sixth day of the ongoing 7-day NSS Special Winter Camp, the volunteers actively participated in a Road Safety Awareness Rally. The rally commenced from the college premises and proceeded through the stadium, police line road, and culminated back at the college. The aim of the rally was to spread awareness about the importance of road safety and responsible commuting.

Following the rally, a Self-Defense Training Session was organized by the NSS unit in collaboration with the Department of Sports. Mr. Sanjeev Jamwal (PTI) led the session and equipped the volunteers with essential self-defense techniques to enhance their personal safety and confidence.

In continuation of their community service efforts, the volunteers also planted flower saplings in the college premises, contributing to environmental sustainability.

The entire activity was conducted under the patronage of Prof. Seema Jolly, Incharge Principal, and supervised by Dr. Ritu Kumar Sharma, NSS Program Officer. Faculty members Dr. Sonika Jasrotia, Prof. Surbhi Gupta, and Miss Shikha were also present on the occasion.

The NSS unit remains committed to fostering social responsibility, skill development, and environmental consciousness among students through such impactful initiatives.



→7-Day NSS Special Winter Camp Concludes with a Cultural Bonanza

The seven-day NSS Special Winter Camp at Government Degree College for Women (GDCW) Kathua culminated in a vibrant valedictory function, where NSS volunteers showcased their talents through a cultural bonanza.

The volunteers enthralled the audience with group dances, solo performances, singing, and other cultural presentations. Following the performances, the seven-day camp officially concluded.

The entire event was organized under the patronage of Prof. Seema Jolly and the guidance of Dr. Ritu Kumar Sharma, NSS Program Officer of the college. Dr. Ritu Kumar Sharma also presented a detailed report on the activities conducted over the past six days.

Miss Lakshmi anchored the event, adding grace and energy to the proceedings. In recognition of her outstanding dedication and contributions, Miss Tania Rajput was declared the Best Volunteer of the camp and was honored with an award.

The successful culmination of the NSS Winter Camp reflects the volunteers' commitment to community service, leadership, and teamwork, reinforcing the spirit of social responsibility among the students.

