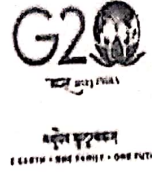




OFFICE OF THE PRINCIPAL  
GOVT. DEGREE COLLEGE FOR WOMEN  
KATHUA-184101  
(NAAC Accredited B+ Grade)



Prof. (Dr.) Savi Behl  
Principal  
College Website: [www.gdcwkathua.in](http://www.gdcwkathua.in)

Ph. No. 01922-232647  
Mob. No. 94191-63028  
Email: [womencollegekathua@gmail.com](mailto:womencollegekathua@gmail.com)

**Notice**  
**(01/09/2023)**

This is for the information of all the students of GDCW Kathua that GDC Kathua is going to organize activities as per details given below:

S.No	Activity	Theme	Date
1	Symposium	"Eat Right Future Bright"	06/09/2023
2	Poster Making Competition	"Nutrition & Fitness"	06/09/2023

Interested students who wish to participate in the said activities can give their name **on or before 02/09/2023** either to Dr. Poonam Sambyal, Assistant Professor in Zoology or Dr. Deepti Salotra, Assistant Professor in Home Science.

*Behl*  
01/09/2023  
Principal  
Govt. Degree College for Women  
Kathua  
Govt. Degree College for Women  
Kathua





**OFFICE OF THE PRINCIPAL**  
Government Degree College, Kathua  
(NAAC Accredited 'B' Grade College)  
DISTRICT KATHUA (J&K) - 184104

Email: gdcathua1961@gmail.com

Prof. Seema Mir  
Principal

No & Date 23-24/1991

Dated :- 31-08-2023

The Principal  
Govt. Degree College  
.....

**Sub: Invitation Letter for Symposium and poster making competition**

Dear Sir/Madam,

Govt Degree College Kathua is going to Celebrate Nutrition Week that takes place from 1st to 7th September every Year. During this week, we are going to organize activities sponsored by **J&K Science Technology and Innovation Council** with an objective to raise awareness on the importance of nutrition for health which has an impact on development, productivity, economic growth and ultimately national development. This celebration aims to promote healthy eating habits and physical activity to improve overall health and well-being. The event is scheduled for 6<sup>th</sup> September 2023. *We are currently anticipating an audience of about 150, comprising of undergraduate students along with faculty.*

It will be a great pleasure if your institute participate in the event by deputing **three to four students** in each activity along with **one faculty member**.

**Details of Activities**

S. No.	Activity	Theme	Day & Date	Venue
1.	Guest Lecture	Nutrition and Health: Current Trends, awareness and Management	06-09-2023 (Wednesday)	Smart Class Room
1	Symposium	"Eat Right Future Bright"	06-09-2023 (Wednesday)	Smart Class Room
2	Poster Making Competition	Nutrition & Fitness	06-09-2023 (Wednesday)	Biotechnology/Home Science Block GDC Kathua

You are requested to submit the names of participating students through email reply before 4<sup>th</sup> September 2023.



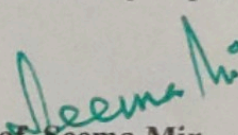
**Prize Structure:**

Ist Prize in Symposium:	Rs 500	Trophy + Certificate
2 <sup>nd</sup> Prize in Symposium:	Rs 400	Trophy + Certificate
3 <sup>rd</sup> Prize in Symposium	Rs 300	Trophy + Certificate
Ist Prize in Poster Making Competition	Rs 500	Trophy + Certificate
2 <sup>nd</sup> Prize in Poster Making Competition	Rs 400	Trophy + Certificate
3 <sup>rd</sup> Prize in Poster Making Competition	Rs 300	Trophy + Certificate

Apart from these two consolation prizes shall be given in each activity.

**For any query, feel free to contact:**

1. Prof. Rakesh Singh (8825027090), Convener
2. Dr. Pankaj Gupta (9419251800), Nodal Officer & Organizing Secretary

  
Prof. Seema Mir  
Principal  
GDC Kathua